

To connect men with a strong, brotherly community while deepening their dependence on Christ.



Men in Community Newsletter August 2025

To **participate** in an activity: Email the contact listed or use the registration link, if provided.
To **lead** an activity: Email MIC, men@fbccincy.org, and include logistics (see examples below).

Reflection: We have this hope as an anchor for the soul, firm and secure. Hebrews 6:19

Canoeing – Morrow, OH

Date and Start/End Time: **Saturday, July 26**, 8:00-12:00

Location: Little Miami Canoe Rental, 216 Mill St., Morrow, OH, 45152

What do I need to do to participate? It is a 2hr. canoe ride at a relaxing pace. Contact Ken Metzger: kenmetzger7@gmail.com Ken will be coordinating this outing. Cost is \$25 per person for a 2 people in a canoe (so find a partner). But if you want a canoe to yourself, cost is \$50. Please let Ken know ASAP if you attending as there is some upfront planning and prep necessary, e.g., reservations, waivers, etc. Please bring a snack with you, everything else is provided.



At the Gym

Join us for a monthly time of fellowship and sports of all sorts. Last week we had a multi-generational turnout for some corn hole, dodgeball, and half-court basketball, and it was a lot of fun. Something for everyone.

Date and Start/End Time: **Saturday, August 9**, 6:30-8:30 PM

Location: Faith Bible Church, multi-purpose room

What do I need to do to participate: Just show up. Drinks and snacks will be provided. Contact Phil with any questions: Philip.Ayala45@gmail.com

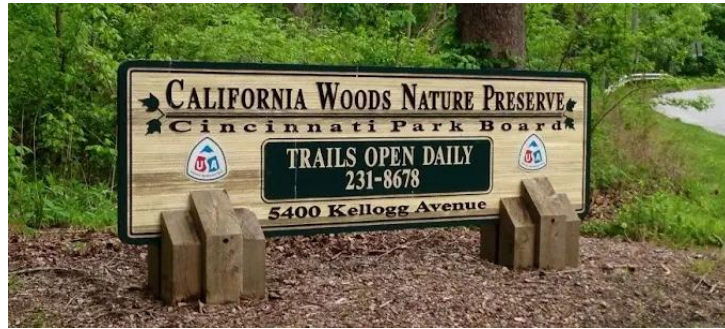


Hiking at California Nature Preserve and Coffee

Date and Start/End Time: **Saturday, August 30, 8:30-10:30 AM**

Location: 5400 Kellogg Ave., Cincinnati, Ohio 45230 (meet in parking lot at Nature Preserve); Luckman Coffee Company, 5200 Beechmont Avenue, Cincinnati, OH 45230 (12 minutes from park)

What do I need to do to participate? Contact Mark Meinerding: markrm555@gmail.com



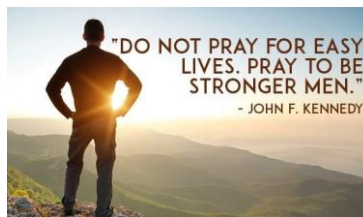
MIC Groups

Join a life on life, men's group at FBC. Transparent, encouraging conversation re: faith, family, life

Date and Start/End Time: **Ongoing.** Groups meet for 1-2 hours every week or every 2 weeks. Meeting time will be determined by the group members (6-8 men per group).

Location: Meet in a host home for discussion and coffee, or at another agreed upon location. Host location will ideally be close to member's homes.

What do I need to do to participate? Email MIC, men@fbccincy.org, expressing your preference to either host or be a participant. Include your name and street address, and day(s) and time of day meeting preferences. Phil Ayala will follow-up with you.



Tuesday Night Biking (on the Loveland Bike Trail)

Date and Start/End Time: **Every Tuesday through the Spring, Summer, Fall of 2025, 6:30-8:30 PM.**

Location: Meet in The Monkey Bar & Grill Parking Lot, 7837 Old 3C Hwy, Maineville, OH 45039

What do I need to do to participate? Be able to ride 12-16 miles (in total, with a couple of breaks), for about an hour and a half, at a medium pace. Just bring your bike and helmet. You can make your own call if weather is questionable.

